



Let's start the year off by praying **Five Psalms a Day!** For centuries, Christians have increased their knowledge of God and strengthened their prayer lives by praying the 150 psalms of the Bible. If we pray five psalms a day for a month, we'll have prayed through ALL of the psalms! We'll have prayed prayers of thanksgiving and praise, prayers of lament, prayers of confession, and prayers on behalf of others. God does amazing things when His people rededicate ourselves to Him and open ourselves up to the power of His word! It's not too late for you to join us in this encouraging avenue for growth and connection.

#### TIME TO REFLECT

Join us in reading five Psalms every day for the month of January. This week if you wish, you may write a Response Prayer for Psalm 11:1-7.

• January 1: Psalms 1-5

• January 2: Psalms 6-10

• January 3: Psalms 11-15

• January 4: Psalms 16-20

• January 5: Psalms 20-25

• January 6: Psalms 26-30

Pray without ceasing.

Thessalonians 5:17



#### **COMING EVENTS FOR 2021**

**February:** We are offering an online Bible class on discipleship using the *Story of Redemption* series. We'll watch a short, engaging video about the life and teachings of Jesus and then talk about how this will help us grow as his followers. But these sessions are also designed to equip us to fulfill the great commission to go and make disciples, sharing our faith and leading others to Jesus.

March: Discipleship Groups will regather! These will connect you to a dedicated group of Christians



who will pray for each other and encourage one another in faith. Plan to participate and you'll be glad you did!

#### Let's keep in touch!

We hope you are enjoying your nice new TriValley directories! Let's use them to keep in touch! There's something for everyone, no matter what you prefer. You can send encouraging messages (mail cards, send emails & texts), telephone each other, and pray with each other. Following Jesus within a community of believers is crucial to gaining maturity in Christ, so let's stay connected. We don't have to wait to have a practical reason to call someone - let's revive the old-school practice of just calling to say, "Hi! I'm thinking about you. How have you been? How can I pray for you?" Have a great week and enjoy connecting!

## **GUEST SPEAKER**

Today our guest speaker is **Brice Smith**, who preaches for Sonoma Avenue Church of Christ in Santa Rosa, California. Brice is married with two sons and three dogs (including a lively husky puppy). The Smith family enjoys

hanging out together to build Lego sets and also staying up really late to watch movies. (Many of us can relate!)

Brice is bringing us a message about what it means to be a people who live by faith. Log in Sunday morning by clicking the link below and come worship with us!

SIGN IN TO WORSHIP SUNDAYS @10:45AM https://trivalleychurch.online.church/

Come for our pre-worship time together to enjoy a slide show and chat with church family and friends.

FOR THIS REASON I BOW MY KNEES TO THE FATHER OF OUR LORD JESUS CHRIST, FROM WHOM THE WHOLE FAMILY IN HEAVEN AND EARTH IS NAMED, THAT HE WOULD GRANT YOU, ACCORDING TO THE RICHES OF HIS GLORY, TO BE STRENGTHENED WITH MIGHT THROUGH HIS SPIRIT IN THE INNER MAN, THAT CHRIST MAY DWELL IN YOUR HEARTS THROUGH FAITH; THAT YOU, BEING ROOTED AND GROUNDED IN LOVE, MAY BE ABLE TO COMPREHEND WITH ALL THE SAINTS WHAT IS

THE WIDTH AND LENGTH AND DEPTH AND HEIGHT— TO KNOW THE LOVE OF CHRIST WHICH PASSES KNOWLEDGE; THAT YOU MAY BE FILLED WITH ALL THE FULLNESS OF GOD. NOW TO HIM WHO IS ABLE TO DO EXCEEDINGLY ABUNDANTLY ABOVE ALL THAT WE ASK OR THINK, ACCORDING TO THE POWER THAT WORKS IN US, TO HIM BE GLORY IN THE CHURCH BY CHRIST JESUS TO ALL GENERATIONS, FOREVER AND EVER. AMEN.

EPHESIANS 3:14-21





## TEEN ZOOM MOVIE NIGHTS 🕗

Our teen Zoom movie nights will resume this Friday, January 8, 2021 at 7pm. We are kicking off 2021 with a recent animated comedy release, The Croods: A New Age! In the rapidly-changing prehistoric world, the Croods have survived their fair share of dangers and disasters, from fanged beasts to bizarre environmental events, but



now they will face their biggest challenge of all: another family. With quality voice casting, more hilarious hijinks and cultural references, this sequel is fun for the whole family. Bring your movie snacks, warm drinks, and cuddly blankets and come chat with friends while you watch!

## TEEN DEVO NIGHT



Our Teen Devo will resume meeting this Thursday, January 7, 2021. Bring your Bible, and come prepared to share about your Christmas and New Year's celebrations! See you then!

## PRAYING FOR **HAMIDOU**

Please keep praying for Hamidou and please keep giving each month to help



fund his schooling and basic needs in Burkina Faso. If you would like to write to Hamidou, please contact Justin for information.

At Home Bible Class for ages 4

through 5th grade

This Week's Topic: Peter Healed A Man

**Story Point:** 

(Acts 3-4)

The Holy Spirit gave Peter power to heal a man.

**Big Picture Question & Answer:** 

How does the Holy Spirit help Christians? The Holy Spirit comforts us, shows us our sin, and guides us as we live for God's glory.

### **Key Passage for Kids**

His divine power has given us everything required for life and godliness through the knowledge of Him who calls us by His own glory and goodness. 2 Peter 1:3

### ONLINE WORSHIP HIGHLIGHTS FROM SUNDAY, 12/27/20

Happy New Year! If you missed any of last week's online service and want to watch (or watch again), click this link: https://youtu.be/uhyr3wrDbac. Here are some highlights from that service:

- In our pre-worship slide show, we reviewed the fun Christmas video about our many simple daily blessings which are actually gifts to us from God. We also enjoyed reviewing our photos of TVCC members with Christmas trees, and several members' inspiring testimonies about when they came to know Jesus and decided to follow Him.
- We were welcomed to worship by "Angels We Have Heard On High" and another 1...2...3...Connect promo from Jacob about our upcoming events - including our Five Psalms a Day practice for the month of January!
- We worshipped together in song, and Jacob P. shared an uplifting dramatic recitation of Romans 8:1-39.
- Joel S. shared some encouraging communion thoughts with us from the well-known passage in Ecclesiastes 3 about how there is a time and a season for all things...including a time for rest. During this busy season of the year, it's good to be reminded yet again that we need to intentionally set aside time to rest and reflect on our blessings. This practice helps us to develop gratitude and contentment, and increases our awareness of God's love for us, as shown through the gift of His Son who came to save us from ourselves.
- Jacob P. concluded our series on Rest with the message, "Piece of Cake." Jesus reminded us in the gospel of Matthew that His yoke is easy and His burden is light, because He helps us carry our loads! He came to give us rest, not just in the next life, but even now in this life - we are intended to enjoy times of rest as well as carrying out our kingdom work. Before closing with a prayer from Psalm 62, Jacob offered a few helpful tips on how we can achieve balance.
  - Practice Sabbath. Make time and schedule rest into each week
  - Take care of your body. Eat and rest well, take screen breaks and move around, get exercise, and get regular sleep.
  - Strengthen prayer habits. Spend intentional times of quiet solitude with God. Intentionally pray with your spouse on a regular basis as well as with the family. Participate in the Five Psalms a Day commitment this January.

If you need more information on how you can continue giving as we worship online, please contact the church office at office@trivalleychurch.org. We are so thankful for every contribution, and you are helping to support the Lord's work both here in our community and afar. We also appreciate everyone who helps with our worship services in any way, and we're thankful for everyone who signs in to worship with us each week. We have people from all over who participate, from local residents, to out-of-state friends and family, and even believers from other countries! We love to see each of your names and comments in the chat. It's very encouraging to know we are all connected this way, and are devoted to worshipping and serving our Lord together!

## With Deepest Gratitude

We would like to thank everyone for your cards, calls, and most of all your prayers during the lingering illness and recent passing of my stepdad, Thomas Crowe. My mom Brenda is also very appreciative of all the caring prayers. We love you all and are glad we are part of the same church family.

Sandra, Darren, and Rachel McGrandle



#### **Office Communications**

Email: office@trivalleychurch.org News: bulletin@trivalleychurch.org Website: www.trivalleychurch.org Church Office: (925) 447-4333 Attendance last Sunday @10:45am: 63 individual sign-ins online

# **Our Ministers**



Jacob Parnell Preaching Minister



Justin Garza Youth Minister

# Our Elders







Bill Aimonetti Darren McGrandle Phil Weiss

# Happy Birthday, Barbara!



Today is Barbara M.'s birthday! Wishing you God's blessings today and in the coming year!

Wishing a happy birthday to Jeff B. (1/9) and Shirley R. (1/9). GOD BLESS YOU! (a) IN 18 44 11

