

But to each one of us grace has been given as Christ apportioned it. This is why it says:

"When he ascended on high, he took many captives and gave gifts to his people."

(What does "he ascended" mean except that he also descended to the lower, earthly regions? He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

Ephesians 4:7-16

Moving Soon

Lisla Damoulos is moving to South Carolina to live near her family there. We have a memory book in the foyer on the table by the encouragement wall.

Please stop and share a favorite memory, an appreciation, a special verse, or a prayer, so she can carry a part of TVCC to her new home. Her last Sunday here will be next week, October 20 (which is WAY too soon!). We will miss you, Lisla!

Men's Retreat

Guys, it's time to sign up for our Tri-Valley Men's
Retreat at Shenandoah
West, Nov 8-10. Registration
forms are in the lobby, If you
want to be part of this awesome weekend,
submit your form and \$45 fee to Jacob
Parnell or put it in the black drop box outside
the Tri-Valley main office. Questions? Talk to
Jacob.



to all our visitors today! We're glad you are here!

Our Worship Today

WB 15: Shout Hallelujah!

WB 25: You Are Worthy Of My Praise

WELCOME

SCRIPTURE: Psalm 68:32-35

WB 85: Faithful

RB 704: Bind Us Together

PRAYER

WB 80: To You We Sing

WB 42: Shine On Us

WB 22: Come To The Table

COMMUNION & OFFERING

MESSAGE: We Grow Together Ephesians 4:7-16

WB 62: We are the Body of Christ

Prayers for One Another

Coming Events



October

18-20 Fall Youth Retreat @ Shenandoah West (no Coffee House this month)

November

8-10 Men's Retreat @ Shenandoah West 24 Family Fellowship Feast (potluck lunch)



Please remember to pray for Hamidou and give to help fund his education in Burkina Faso!

In this 4-week October series in our teen group, we'll talk about how, when life hurts or goes wrong or doesn't make sense, these things are true: Jesus can redeem what's gone

Oct 6 - Oct 27, Sundays @ 9:30 am

wrong, God can be trusted, God gives us each other, and God helps us persevere. Come and join us on Sunday mornings this month to find out how God helps us grow STRONGER through our trials.



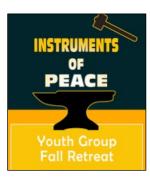
October Teaching Teams:

Nursery 9:30 am:

Sarah & Ryan Gipson Bible Study 9:30 am:

Brett & Hannah Richardson Kids' Worship:

Michele Brecht & Rachel McGrandle



Our fall youth retreat at **Shenandoah West is** happening this Friday, Saturday and Sunday! Let's all pray for a fun, safe and successful retreat and that everyone returns home spiritually refreshed! •



Unit 14: The Northern Kingdom of Israel

Today's Lesson: Israel Taken Captive

Story Point: Israel ignored God's prophets and was captured.

Big Picture Question & Answer:

Why should we obey God? We should obey God because He made us. He loves us. and His plans are good.

Key Passage: "The Lord does not delay His promise, as some understand delay, but is patient with you, not wanting any to perish but all to come to repentance." (2 Peter 3:9)

Wednesdays @ the Well

Fun and fellowship 6-7 pm, Worship, Activities & Teaching 7-8 pm This fall we are focusing on the book of Ephesians to apply what we are learning from Jacob's sermon series, We Go Together. See you there!

Our Ministers



Our Elders



Jacob Parnell **Preaching Minister**



Lisa Parnell Adult Education Coordinator



Bill Aimonetti



Rod Davis



Justin Garza Youth Minister



Terez Matkins Children's Ministry Coordinator



Darren McGrandle



Phil Weiss

Don and Judy will be our friendly greeters next Sunday, October 20.

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Office Communications

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Password: Heisrisen

Attendance last Sunday was 104.

Weekly Activities

Sundays

9:30 am Bible Classes

- · Adults, Teens, & Children
- Nursery for ages 0-3

10:45 am Worship

Praise and Prayer Communion and Sermon

11:15 am Kids' Worship

(ages 4 through 5th grade)

5:30-7:30 pm

Matkins Discipleship Group Weiss Discipleship Group

Mondays

10 am - noon

Community Clothing Giveaway

Wednesdays

6 - 8 pm

Parnell Discipleship Group

Wednesdays@The Well (Youth) Adult Senior Saints Class

Thursdays

6:30 - 8 pm

Adult Spiritual Workshop Class